

We offer
FREE consultations.

Certification

Our Speech-Language Pathologists are nationally certified by the American Speech-Language-Hearing Association and are licensed in North Dakota and Minnesota.

Insurance

Most insurance plans are accepted and flexible payment options are available.

At Progressive Therapy Associates, we help individuals reach their potential. We understand the daily challenges and frustrations. Our customized approach balances both education and support, while developing the functional skills needed for everyday life.

High Functioning
Autism & Social
Communication
Disorder



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IMPROVE.

EMPOWER.

RENEW.



High Functioning Autism Spectrum Disorder (HFASD) impacts communication, social interactions, behavior, and learning. Repetitive interests or activities are often present. Individuals typically have higher intellectual abilities; however, this does not transfer well into consistent, functional independence.

Symptoms of HFASD:

- Inconsistent attention and memory
- Difficulty with reading and following directions
- Fixated interests and repetitive behavior
- Inflexible thinking, resistant to change
- Poor planning and time management
- Sensory overload (sound sensitivity, intolerance for textures)
- Problems socializing
 - *Awkward mannerisms, poor eye contact, one-sided conversations, and inappropriate use of language skills*
- Less likely to learn from mistakes

Social (Pragmatic) Communication Disorder (SCD) is characterized by persistent difficulty with both verbal and nonverbal communication. These difficulties may impact social participation, relationships, and school/job performance.

Symptoms of SCD:

- Difficulty communicating socially
- Delayed acquisition and use of spoken and written language
- Poor social initiation for greeting or sharing information
- Inappropriate responses in conversation
- Cannot follow conversational rules for turn-taking
- Unable to understand others' feelings, humor or sarcasm
- Trouble making inferences

Our therapy goes beyond typical expectations.

We offer services that improve functioning, empower individuals, and renew lives.

Improve life skills:

- Social skills
 - *Eye contact, facial expressions, body language, and personal boundaries*
- Recognizing and requesting help when needed
- Understanding and using the rules of conversation
 - *Greetings and initiating appropriate topics*
 - *Pitch, intonation, rhythm or stress while speaking*
- Independence and planning at home, work, and school
- Routines
 - *Personal hygiene, sleep, meals, and medications*
- Problem solving
- Awareness and self-advocacy